

Suðurnes Health Institute (HSU)

Website | www.hsu.is
Phone number for doctors and nurses
on call at HSU is **432 2000**
For emergencies, call **112**

Dental Service

There is free dental service for all children of the ages of 0 - 18.

Stígamót is an education and counseling center for survivors of sexual abuse and violence that serves both women and men that have suffered any kind of sexual abuse and violence | www.stigamot.is

Þroskahjálp is an organization that fights for the rights of disabled people | www.throskahjalp.is

The association **STRÓKUR** is for people with mental disorders | www.strokur.wordpress.com

SELURINN is an educational and recreational association for individuals with disabilities, 16 years and older, serving the southern quarter.
Facility | Zelsíuz Community Center | Phone: 480 1951

The Swimming Pools of Árborg

Children (ages 0 - 18) residing in the municipality Árborg can use the swimming pool free of charge. Further information about the opening hours of the municipal swimming pools | www.arborg.is/ibuar/fristund-og-sundlaugar/sundlaugar

Árborg Libraries

Selfossi, Austurvegi 2. Stokkseyri, Eyrarbraut 2.
Eyrarbakka, Túngötu 40
Children (0 - 18 ára) residing in the municipality get library card free of charge.
Further information about opening hours and events | www.bokasafn.arborg.is

To register children for sports

www.arborg.is

On the top right side you will find **Mín Árborg**



Login

It is possible to login with an electronic certificate or with an “Íslykill”.

Sport is selected under Leisure Grant.

Leisure grants can be used during registration.



Árborg Municipality

What is being offered?
What do I need to do?
Resources



Website | www.arborg.is
E - mail | radhus@arborg.is



Parental Leave

Parents are entitled to paid leave, generally for 6 –12 months, at a child's birth, when they adopt a child or take a child into their permanent custody. Parents will either receive holiday pay or parental support from the Maternity/Paternity Leave Fund depending on their job status.

Day care

In Iceland, parents can receive day care services from a day parent if necessary before the child is given a seat at a preschool.

The Icelandic School System

Preschool: Children from 18 months - 6 years of age. Subject to a fee.

Primary School: Mandatory schooling from 6 - 16 years of age. Free of charge.

Secondary Schools: 16 - 25 years of age. The next stage of education following the completion of primary school. Low fee.

Universities: At the completion of secondary school.

Árborg Municipality

Day Parents

Kindergartens Álfheimar, Árbær, Goðheimar, Hulduheimar, Jötunheimar og Brimver/Æskukot.

Primary Schools Barnaskólinn á Eyrarbakka og Stokkseyri, Sunnulækjarskóli og Vallaskóli.

Leisure activities for primary school children, grades 1 - 4. Fee. Open every day from the end of the school day until 4:30 p.m. See further information on the website of each primary school.

FSU - Suðurland Polytechnic: In addition to providing a variety of vocational training and theoretical studies | www.fsu.is

Fræðslunetið- lifelong learning in the southern quarter is responsible for organizing courses and education for adults. Including formal studies that evaluate units for the secondary school level, Icelandic studies for foreigners and courses for businesses and institutions | www.fraedslunet.is

Fjölskyldusvið Árborgar (The Árborg Family Division)

Founded on March 1, 2019. This encompasses: school services, social services, The Department of Leisure and Culture.

Skólajónusta Árborgar (The Árborg school services)

Provides a variety of services to students, parents and staff in preschools and primary schools in the Árborg area. It provides psychologists, counselors and speech therapists.

Félagsþjónusta Árborgar (Árborgar Social Services)

Responsible for the categories pertaining to child welfare, senior citizens, social counseling, financial aid, people with disabilities and housing services in the Árborg municipality.

Frístunda- og menningardeild (Department of Leisure and Culture)

Responsible for categories that pertain to sports, youth activities, leisure activities, preventative measures, employment services, museums and cultural activities.

Leisure Activities and Leisure Grant

Árborg Municipality offers a leisure grant, once a year, to the parents/ custodians of children of the ages of 5 - 17, that reside in Árborg, intended for participation in organized physical and leisure activities.

The Árborg municipality offers open leisure activities for children, teenagers and young people from the ages of 10 - 25.

Further information can be found at

<https://www.facebook.com/felagsmidstodinzelsiuz> | Phone: 480 1951
www.facebook.com/Pakkhuisdselfossi | Phone: 480 1970

Leisure drive

The leisure bus drives children between leisure activities from 1:10 p.m. to 4:30 p.m.

Available Sports

Handball, football, swimming, judo, gymnastics, track and field, taekwondo, motorcross, boccia, basketball, weightlifting, golf and equestrian sports.

www.selfoss.net | www.selfosskarfa.is | www.gosgolf.is | www.sleipnir.is

Vinnuskólinn (The Vocational School)

Is operational during the summers for teenagers in 3 senior primary school grades, 8th - 10th grade.

<https://www.arborg.is/stjornsysla/mannaudur/vinnuskolinn>

Scouts

The Scout Association Fossbúar | Tryggvagata 36 | 800 Selfoss
Phone | 482 2238

E-mail | fossbuar@gmail.com

Website | www.skatarnir.is/fossbuar/

Tónlistarskóli Árnésinga (The Árnes Music School)

Phone: 482 1717 | E - mail: tonar@tonar.is

Website | www.tonar.is

Tónsmiðja Suðurlands

Phone: 615 2920 | Website: www.tonsmidjan.net/skoli

The Selfoss Children's Choir

The choirs are divided into a children's choir for grades 3 - 6 and a teenage choir for grades 7 - 10.

Website | http://selfosskirkja.is/?page_id=46

Curfew

12 years old and younger are not permitted to be out in public after 8 p.m. except in the company of adults.

13- to 16-year-olds should not be out in public after 8 p.m., unless returning home after attending a sanctioned school, sporting or youth activity event.

During the period of May 1st to September 1st, the children's curfew is extended by two hours.